



### 3.5 TAKE ACTION: PLEDGE & CHECK-IN

Can we make a difference?



<b>Time required</b>	25 – 40 minutes
<b>Grade level</b>	6 - 7 - 8
<b>Resources required</b>	<ul style="list-style-type: none"> <li>■ <i>Wear it Purple Day</i> video (2:56 minutes) <a href="https://youtu.be/nuZNCJpJwEM">https://youtu.be/nuZNCJpJwEM</a></li> <li>■ <i>Breaking Down the Door Day</i> video (2:51 minutes) <a href="https://youtu.be/YK8xTMdaJuw">https://youtu.be/YK8xTMdaJuw</a></li> </ul>
<b>Aim</b>	<ul style="list-style-type: none"> <li>■ For students to see that young people can create change on an issue that they are concerned about.</li> </ul>
<b>Procedure</b>	<p>Watch one or both videos as examples of students who made a difference by creating an awareness campaign.</p> <p>Discuss with students if and why they think the actions worked.</p> <p><b>Student reflection or discussion</b></p> <ul style="list-style-type: none"> <li>■ Can I see myself doing something like this, or making a difference in another way?</li> <li>■ What do we need to get there?</li> <li>■ What is stopping us?</li> </ul> <p><b>Creating an Action Pledge on an issue that the class collectively care about</b></p> <p>This involves making a poster with the class goal, and every student writes on a sticky note a personal action they will do to get to this goal, Each note is signed and goes on the poster.</p> <p>The process for creating this may include:</p> <ul style="list-style-type: none"> <li>■ <i>Choose the issue.</i> Look at the Brownlow List of issues (Key 3.2) What is the issue that we would most like to change as a whole group? It may be something more generic like discrimination that embraces a number of smaller issues.</li> <li>■ <i>What do we know about it?</i> Do a quick pair brainstorm and/or whole class mind map. (Who, what, where, when, why, how?)</li> </ul>



- *How can we frame it as a positive thing that we aim for? E.g., move from being **against** something to being **for** something, this could be the title of the poster.*
- *What small actions could get us there? E.g., I pledge not to pass on rumours, to give one compliment per day, to talk to 5 new people, to find out from 3 people what they prefer to be called, to ask 10 people what makes them sad about bullying.*
- *What impact do we want to make? How do we know when we have got there? What will we see and feel?*

Note: some students may not feel able to make a pledge. That is okay but worth following up.

<p><b>Personal inquiry</b></p>	<p><b>Be the change</b></p> <p>Ask students to carry out their pledge and report back over the next lessons:</p> <ul style="list-style-type: none"> <li>■ What are they noticing? How does it make them feel?</li> <li>■ How easy is it to do? What are the challenges?</li> <li>■ What changes have they noticed?</li> <li>■ What could help them? E.g., skills, reminders, rewards?</li> </ul> <p>Celebrate the fact they are doing their intended actions as well as any changes they are seeing.</p>
<p><b>Check-in</b></p>	<p><b>Students complete a check-in form on SurveyMonkey.</b> Let A Fairer World staff know when your class is ready to do the short survey and they will provide a link.</p>