



3.1 CONNECT: SCHOOL CULTURE

What's great about our school?



Time required	25 minutes
Grade level	6 - 7 - 8
Resources required	<ul style="list-style-type: none"> ■ Video reflection ■ Y chart ■ <i>Let's Get Real</i> video (10:32 minutes) https://youtu.be/h4llx7mNi7o
Aim	<ul style="list-style-type: none"> ■ To explore what students value about the school and their areas of concern.
Procedure	<p>Use think-pair-share for students to reflect on what they love about the school and what they think its strengths are. List these on the board and make a class poster.</p> <p>Show the Let's Get Real video. Discuss the following.</p> <ul style="list-style-type: none"> ■ How does this relate to your experience of school? ■ How would you define bullying? What does it look like, sound like, and feel like? Do a <i>Y-chart</i> as a group or class. ■ What are examples of each of the types of bullying? <ul style="list-style-type: none"> ● Verbal (name-calling, insults, teasing, intimidation, homophobic or racist remarks, verbal abuse). ● Physical (hitting, kicking, tripping, pinching and pushing, damaging property). ● Social (lying, spreading rumours, exclusion, gestures and looks, nasty jokes, mimicking, ruining reputation). ● Cyber (abusive or hurtful texts, emails, posts, images or videos, online exclusion, gossip or rumours, imitation or use of login). ■ Do you think that bullying has gotten better or become worse in the last 5 years? ■ Students could work individually or in small groups to complete a <i>Video Reflection</i> worksheet with the suggested questions, or ones that you feel relate to the level and interests of your students.

Video reflection – *Let's Get Real*

How did the stories in the video make you feel? _____

How does it relate to your experience at school? _____

Can you give an example from the video of each of the following types of bullying:

Physical: _____

Verbal: _____

Cyber: _____

Social: _____

Hidden: _____

Y-CHART

