



## 2.4 WATCH, PRACTICE, REPORT

<b>Time required</b>	15 minutes
<b>Grade level</b>	6 - 7 - 8
<b>Resources required</b>	<ul style="list-style-type: none"> <li>■ A safe facilitated space for reflection.</li> </ul>
<b>Aims</b>	<ul style="list-style-type: none"> <li>■ Students reflect on how differences can lead to exclusion and what behaviours they can/have adopted to reduce exclusion.</li> </ul>
<b>Procedure</b>	Use a safe space like Circle Time to ask students if they have tried out different behaviours, what worked? what didn't work? What have they seen other students try differently?
<b>Teacher notes</b>	<p>The opportunity for students to reflect and practice new behaviour is vital to the concept of transformative education and sustainable long-term change. We know that behaviour change only happens:</p> <ul style="list-style-type: none"> <li>■ Incrementally (over time)</li> <li>■ Continually (with practice)</li> <li>■ Experimentally (through personal inquiry)</li> </ul> <p>Transformation is a journey that requires space for practice, reflection and reinvention. Permission is needed to make mistakes and for those with bullying behaviour to reinvent themselves.</p> <p>Students also need to understand what it means to "make a difference".</p> <p>Is it having a big impact or becoming a person who is more aware of the issues others face and standing up for what's right?</p> <p>These quotes from past participants in the program demonstrate that students will be disappointed where they expect to change "the system", and satisfied if they understand that change begins with increasing their own and other's awareness.</p> <ul style="list-style-type: none"> <li>■ <i>"It was really fun, knowing people care about what's going on, standing up and making a difference telling other people that 'this is happening' and not many people are aware of it."</i></li> <li>■ <i>"I am making a difference by showing that I support people who are being bullied just because they're different."</i></li> <li>■ <i>"People are more aware in a lot of ways and the subjects are also more openly talked about."</i></li> </ul>

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- *"I feel like some people did make a difference but most of the people didn't and they were just mucking around and doing whatever they wanted. I just feel like I was not learning enough and could not see the purpose of the whole task. The whole purpose was to make a difference but I knew I couldn't and although I tried we didn't really make a difference in my opinion."*
  - *"what seems more helpful a protest against gender discrimination or gender equity but instead we got such "heart-warming" messages as STOP bullying NOW, racism is WRONG, DON'T bully and STOP racism NOW".*
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